

NEWS & NOTES

October 18th

Reconciliation: Indigenous & Settler, Seeking Understanding

It's a central theme in our faith and spirituality. We live in a moment where reconciliation between Indigenous and Settler is a big topic in our culture. We would like to help equip ourselves for that conversation, and grow spiritually in the process.

So join us as we watch a few key videos, share our reactions, talk about what we are learning, and accompany each other on our own spiritual journeys. We will do this from **7:30pm-9pm via ZOOM** on:

Thursday October 22: *Doctrine of Discovery 2: Seeds of Change*

Thursday November 5: *Reconciliation*

For questions and registration link contact: Eric Mason at ericmason@saintlaurence.ca
Brought to you by Issues and Action

Coffee/Tea Volunteers Needed

If you enjoy socializing after the service, would you please consider taking a turn to make and serve the coffee and tea? A sign-up sheet can be found in the hall. An email will be sent as a reminder the week of your turn with a list of duties involved. Thank you.

Holy Walking

Join as we walk together through autumn woods in silence and in community. Eric and Sylvia will offer some reflections, we will walk in quiet and we will share opportunities to talk together. We will have the opportunity to hear the river rushing and murmuring and the golden leaves on the trees and on the paths we walk along.

We will meet October 31 from 10-12 and walk the paths alongside the Coquitlam River. We will *meet at the Lion's Park parking lot on Shaughnessy Street* in Port Coquitlam. Trails are smooth and mostly flat. It's October in the lower mainland so dress for rain. Contact Sylvia (alan_wallis@telus.net) or Eric with any questions.

Fall Clean Up

The Fall Clean Up is planned for November 14th from 10AM to noon. Due to Covid, we ask you to bring your own lunch and chair.

Please phone Juley in the office if you can come out to help. Please bring a wheelbarrow if you can, as well as a hoe. We are also looking for someone with a long-handled hedge trimmer. Thank you!