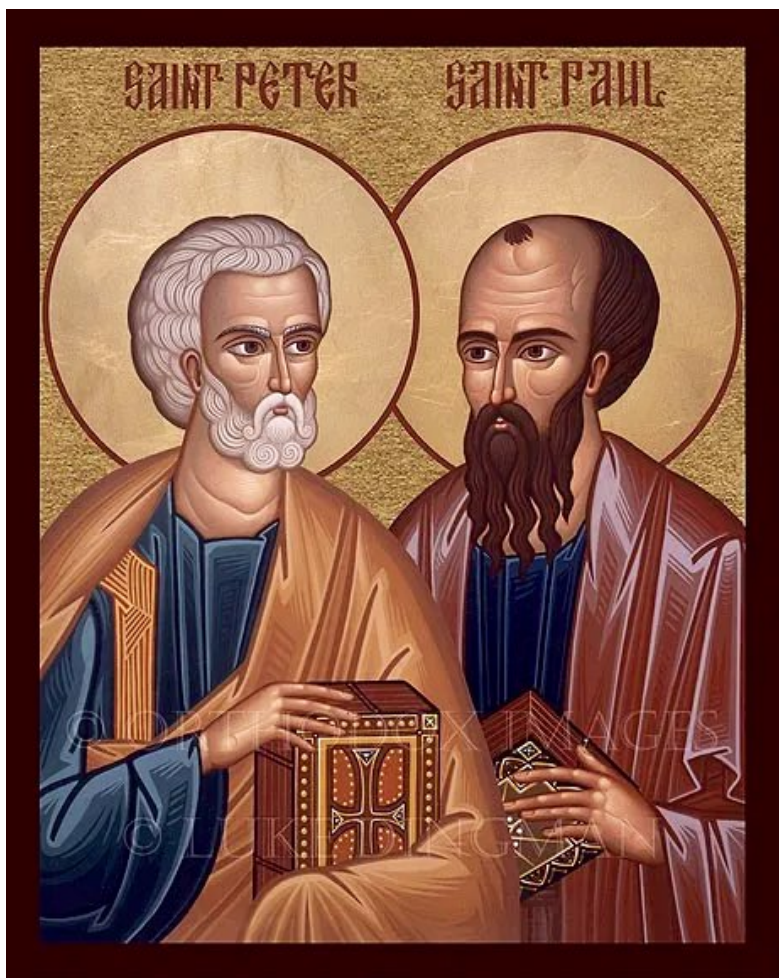


# THIRD SUNDAY AFTER PENTECOST

St. Peter and St. Paul, Apostles



June 29, 2025

10:00 am

“[God’s] gifts were that some should be apostles, some prophets, some evangelists, some pastors, and teachers, for the equipment of the saints, for the work of ministry, for building up the body of Christ.

*Ephesians 4:11,12*

*Note: We are a Scent Free Facility for the health and comfort of those with allergies. Thank you for helping us care for one another.*

## Welcome & Introduction

Presider We gather on the traditional, ancestral, and unceded lands of the k<sup>w</sup>ik<sup>w</sup>əłəm (Kwikwetlem) First Nation, and we acknowledge with respect the q̓icəy̓ (Katzie) and other Coast Salish peoples who have stewarded these lands through generations.

May we honour their legacy not only in word,  
but in how we live as people of justice, humility,  
and reconciliation.

## Opening Acclamation

Presider Come, all who are weary, all who are searching,  
all who long to live with purpose and courage.

**All: We come, called by the same Christ who called  
Peter and Paul.**

Presider Though we stumble, though we resist,  
God's mercy meets us with a new beginning.

**All: We come to be restored, renewed, and sent.**

Presider Let us worship the living God,  
who builds the Church not on perfection, but on love.

**All: Thanks be to God. Amen.**

## Gathering Hymn - *Will You Come and Follow Me?* (CP 430)

1. Will you come and follow me if I but call your name?  
Will you go where you don't know and never be the same?  
Will you let my love be shown, will you let my name be known,  
Will you let my life be grown in you and you in me?
2. Will you leave yourself behind if I but call your name?  
Will you care for cruel and kind and never be the same?  
Will you risk the hostile stare should your life attract or scare?  
Will you let me answer prayer in you and you in me?
3. Will you let the blinded see if I but call your name?  
Will you set the prisoners free and never be the same?  
Will you kiss the leper clean and do such as this unseen,  
And admit to what I mean in you and you in me?
4. Will you love the “you” you hide if I but call your name?  
Will you quell the fear inside and never be the same?  
Will you use the faith you've found to reshape the world around,  
Through my sight and touch and sound in you and you in me?
5. Lord, your summons echoes true when you but call my name.  
Let me turn and follow you and never be the same.  
In your company I'll go where your love and footsteps show.  
Thus I'll move and live and grow in you and you in me.

Text: John Bell © 1987, GIA/Iona Community / WGRG.

Presider God be with you.

**All: And also with you.**

Presider Let us pray,  
Almighty God,

**All to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.  
Cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

**Collect of the Day** *(the special prayer which 'collects' the  
theme of the day)*

Presider O God of courage and mercy,  
you called Peter the fisherman and Paul the persecutor  
to become apostles of your good news.  
Shape us by their witness —  
that in our weakness, your grace may shine,  
and in our calling, your love may lead.  
Make us bold to proclaim Christ crucified and risen,  
that your Church may be built up in faith and unity;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and forever. **Amen.**

## Gathering of Children

*Children and their leaders are invited to come forward for a prayer before heading to Kids Church. They will rejoin us in time for Communion. If your child prefers to stay in the service, they are welcome here, and activities are available at the table at the rear of the sanctuary during this time.*

Presider Loving God,

**All as we gather together, we pray for open hearts and minds.  
Help us all—children, leaders, and every one of us—  
to grow in faith, love, and understanding.  
May your Spirit guide us, and may your love unite us,  
now and always. Amen.**

## Gloria - Glory to God - Mass of Christ the Saviour

Refrain

Glo-ry to God. Glo-ry to God. Glo-ry to God in the high -

est, and on earth peace, on earth peace to peo-ple of good

1-4 (1st time: to Refrain) to Verses Final Coda

will. will. A - men. A - men.

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## Proclamation of the Word

### The Readings

Presider Let us prepare ourselves for the Word of God as it comes to us through the reading of the Holy Scriptures.

**All Our hearts and minds are open**

### First Reading - *Ezekiel 34:11-16*

Reader Hear what the Spirit is saying.

**All Thanks be to God.**

**Psalm - Psalm 87 - Glorious Things of Thee Are Spoken (CP 388)**

1. Glorious things of thee are spoken  
Zion, City of our God  
He whose word cannot be broken  
Formed thee for his own abode  
On the rock of ages founded,  
What can shake thy sure repose?  
With salvation's walls surrounded  
Thou mayest smile at all thy foes
2. See! The streams of living waters  
Springing from eternal love  
Well supply thy sons and daughters  
And all fear of want remove  
Who can faint, when such a river  
Ever flows their thirst to-assuage?  
Grace, which like the Lord, the giver  
Never fails from age to age
3. Round each habitation hovering  
See the cloud of fire appear  
For a glory and a covering  
Showing that the Lord is near  
Thus the march, the pillar leading  
Light by night and shade by day  
Daily on the manna feeding  
Which God give them when they pray
4. Savior, if of Zion's city  
I through grace a member am  
Let the world deride or pity  
I will glory in thy name  
Fading is the world's best pleasure  
All its boasted pomp and show  
Sold joys and lasting reassurance  
None but Zion's children know

## Second Reading - 2 Timothy 4:1-8

Reader Hear what the Spirit is saying

**All Thanks be to God**

*Please stand as you are able for the Gospel Reading*

## Gospel Acclamation



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Reader The Holy Gospel of our Lord Jesus Christ  
according to John.

**All Glory to you, Lord Jesus Christ.**

## Gospel – John 21:15-19

Reader The Gospel of Christ.

**All Praise to you, Lord Jesus Christ.**

**Homily** Rev. Carla McGhie

## Affirming Our Faith

Presider Together, we declare the faith that holds us  
and the hope that leads us.

**All We believe in God, the Source of Life,  
by whom every being in heaven and earth  
is created, named, and sustained.**

**We believe in God, the Living Word,  
who restores us to relationship  
and speaks to us through faith.**

**We believe in God, the Holy Spirit,  
who comforts, guides, and strengthens us  
to share the good news of grace.**

**We believe in God,  
one, holy, undivided Trinity:  
Source of Life, Living Word, Comforter:  
Mystery. Amen.**

## Prayers of the People

### Confession & Absolution

Presider Christ calls us not because we are perfect,  
but because we are loved.  
So let us come honestly before God,  
confessing our need for mercy and grace.

*We keep a moment of quiet for reflection*



Presider God of all mercy,

**All we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us, the evil we have  
done, and the evil done on our behalf.  
Forgive, restore, and strengthen us through our  
Saviour Jesus Christ, that we may abide in your love  
and serve only your will. Amen.**

Presider Almighty God have mercy on you, forgive you all your sins  
through the grace of Jesus Christ, strengthen you in all  
goodness, and by the power of the Holy Spirit keep you in  
eternal life. **Amen.**<sup>1</sup>

## Sharing of the Peace

Presider Peter was forgiven. Paul was transformed.  
Through Christ, we are made one —  
not by achievement, but by grace.  
The peace of Christ be always with you.

**All And also with you.**

*The Peace is shared in the community, respecting personal boundaries*

## Offertory

*In gratitude for all we've received, we offer of ourselves back to God.  
Bread, wine, and money symbolize the fruits of our labour. If you give  
through Pre-Authorized Donations or e-transfer ([office@saintlaurence.ca](mailto:office@saintlaurence.ca)),  
you're welcome to use a blue card to represent your offering to the glory of  
God.*

## Offertory Hymn - *I Have Called You By Your Name* (MV 161)

1. I have called you by your name, you are mine;  
I have gifted you and ask you now to shine.  
I will not abandon you;  
all my promises are true.  
You are gifted, called, and chosen; you are mine.
2. I will help you learn my name as you go;  
read it written in my people, help them grow.  
Pour the water in my name,  
speak the word your soul can claim,  
offer Jesus' body given long ago.
3. I know you will need my touch as you go;  
feel it pulsing in creation's ebb and flow.  
Like the woman reaching out,  
choosing faith in spite of doubt,  
hold the hem of Jesus' robe, then let it go.
4. I have given you a name, it is mine;  
I have given you my Spirit as a sign.  
With my wonder in your soul,  
make my wounded children whole;  
go and tell my precious people they are mine.

Words: Daniel Charles Damon © 1998 Hope Publishing Company.  
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## Prayer over the Gifts

Presider God of all generations,  
All **as Peter and Paul gave their lives in service to Christ,  
we bring these gifts as signs of our own offering.  
Bless them, and bless us,  
that your love may be known through what we give  
and how we live,  
in Jesus' name. Amen.**

## **Celebration of our Sacred Meal**

### **The Great Thanksgiving**

Presider God is with you.

**All And also with you.**

Presider Open your hearts.

**All We open them to God.**

Presider Let us give thanks to God our Creator.

**All We give our thanks and praise.**

Presider Cosmic Artist, you made our world ---  
beautiful, wholesome, and good.  
You made us to live in right relationship  
with you and all creation.

You sent Jesus to live among us  
and show us what you are like.  
We bring our grateful, worshipping hearts to you,  
our awesome God.

You formed the earth and all that dwells here,  
the seas below and the skies above.  
You crafted all creatures and inspired them,  
animating all with your Spirit of love.

Therefore, you alone are worthy of glory, honour and praise.  
And so, we join with the heavenly beings  
and all of creation as we sing:

## Sanctus - Holy - Mass of Christ the Savior

Ho - ly, Ho - ly, Ho - ly Lord God of hosts. Heav-en and  
earth are full, are full of your glo - ry. Ho - san - na! Ho -  
san - na! Ho - san - na in the high - est. Bless-ed is  
he who comes, who comes in the name of the Lord. Ho -

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Presider Indeed, all glory and honour are yours,  
our true and loving God.  
Of your grace you sent Jesus to live among us,  
to share our humanity and daily life,  
to proclaim the coming of justice and peace,  
and to give himself for us.  
Through Jesus Christ we are reconciled to you  
and restored to the goodness you intended for us.

On the night before he died, Jesus ate supper with  
his friends.

He took bread, gave thanks, broke it and gave it  
to them, saying,

*“Take and eat. This is my very self, given for you.  
Do this for the remembrance of me.”*

Then he took the cup of wine.  
Again, he gave thanks and gave it to them, saying,

*“Drink it, all of you.*

*This cup is a new covenant poured out for you and  
all people. Do this for the remembrance of me.”*

And so, we remember:  
the cross, the tomb, the resurrection and ascension,  
and, longing for Christ’s coming again in glory,  
we present these gifts to you.

Send your Holy Spirit upon us and upon these gifts,  
so that we who share this bread and wine  
may live in your hope, seek your peace,  
further your joy and share your love.

Draw us together in Christ,  
and, in the fullness of time, gather us with all your people  
into the joy of your eternal home.

Through Christ and with Christ and in Christ,  
by the inspiration of your Holy Spirit,  
we worship you, our God and Creator,  
and give you our unending praise. **Amen.**

## Lord's Prayer

Our Fa-ther, who art in heav-en, hal-low-ed be  
thy name; thy king-dom come; thy will be done on  
earth as it is in heav-en. Give us this day our  
dai - ly bread; and for-give us as we for-give  
oth - ers; and lead us not in - to temp - ta - tion,  
but de - liv - er us from e - vil.  
For the king - dom and the pow - er and the  
glo - ry are yours for - ev - er. A - men.

Music © 1993, 1999, Steve Croskey. All rights reserved. Used with permission.

## The Breaking of the Bread

*The celebrant breaks the consecrated bread.*

Presider Alleluia! Christ our Passover is sacrificed for us.

All **Therefore let us keep the feast. Alleluia!**

## Lamb of God

D A/C# Bm Bm/A G A A/G F#m7  
 Lamb \_\_\_\_\_ of God, you take a - way \_\_\_\_\_ the sins of the

1, 2 (Repeat as needed)  
 Bm Bm/A Em D/F# Em/G A D.S.  
 world, have mer - cy \_\_\_\_\_ on us. \_\_\_\_\_

Final  
 Bm Bm/A Em D/F# G Asus4 A D Dsus4 D (let ring)  
 rit. Slower rit.  
 world, \_\_\_\_\_ grant \_\_\_\_\_ us \_\_\_\_\_ peace. \_\_\_\_\_

Music: *Mass of Christ the Savior*; Dan Schutte, b. 1947, © 2007, 2009, Daniel L. Schutte. Published by OCP. All rights reserved.

## The Invitation

Presider Come to this table,  
 not because you are perfect,  
 but because you are loved.  
 Come, not because you have all the answers,  
 but because you are seeking the way.  
 This is the table of grace,  
 where Christ meets us and feeds us with his very self.

Presider The gifts of God for the people of God.

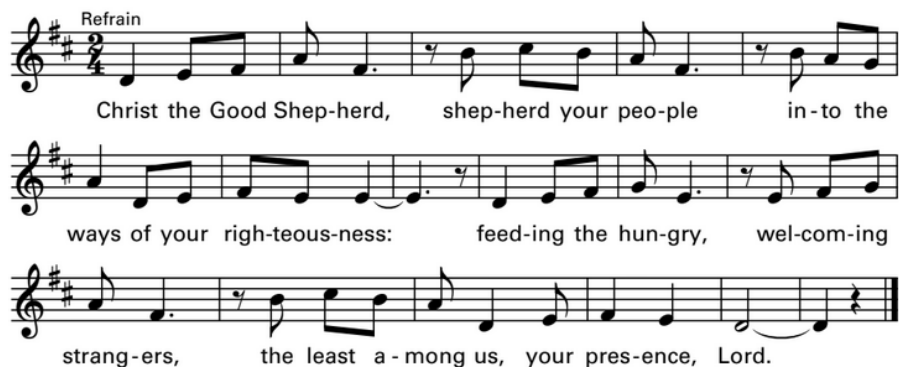
All **Thanks be to God.**

## The Distribution

*At St. Laurence, everyone is invited to the table. You may receive only the bread or both bread and wine. Non-fermented grape juice is available in the ceramic chalice, and gluten-free wafers are offered—just ask at the distribution. If you prefer a blessing, simply cross your arms across your chest.*

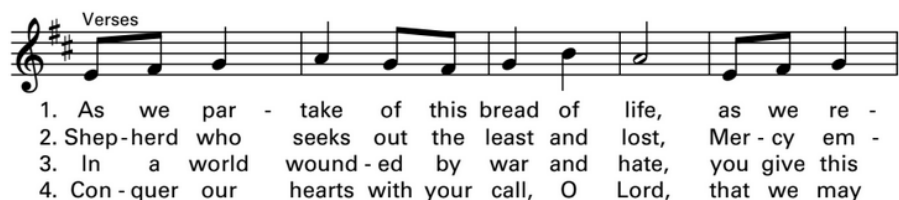
# Communion Hymn - *Christ the Good Shepherd* (OCP 127)

**Refrain**

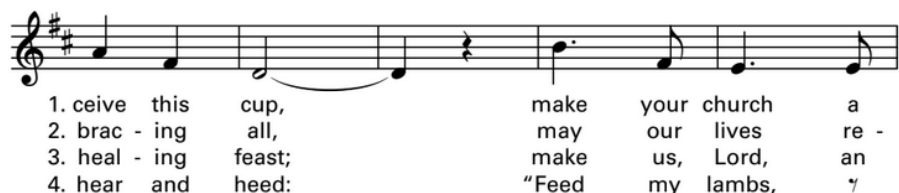


Christ the Good Shep-herd, shep-herd your peo-ple in-to the  
ways of your right-teous-ness: feed-ing the hun-gry, wel-com-ing  
strang-ers, the least a-mong us, your pres-ence, Lord.

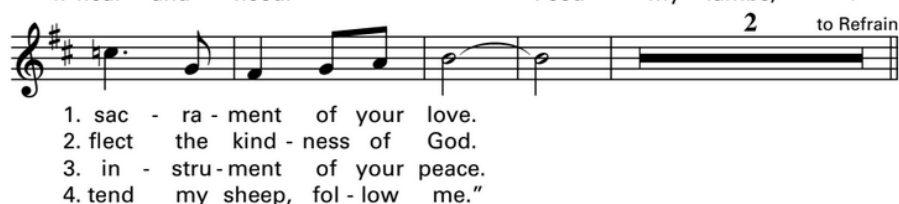
**Verses**



1. As we par - take of this bread of life, as we re -  
2. Shep-herd who seeks out the least and lost, Mer - cy em -  
3. In a world wound - ed by war and hate, you give this  
4. Con - quer our hearts with your call, O Lord, that we may



1. ceive this cup, make your church a  
2. brac - ing all, may our lives re -  
3. heal - ing feast; make us, Lord, an  
4. hear and heed: "Feed my lambs, 7



1. sac - ra - ment of your love.  
2. flect the kind - ness of God.  
3. in - stru - ment of your peace.  
4. tend my sheep, fol - low me."

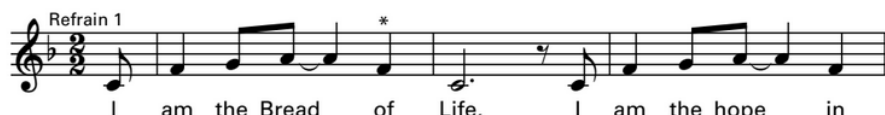
2 to Refrain

Text: Refrain based on John 10:11, Matthew 25:31-46; verses 2-4 based on Luke 15:4, Psalm 23:5, John 21:15-19.  
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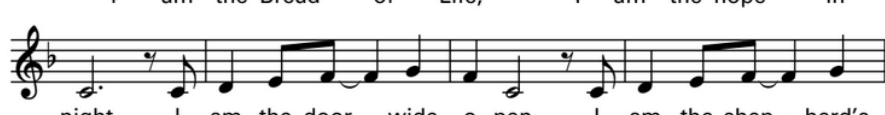


## Communion Hymn - *I Am the Bread of Life* (OCP 263)

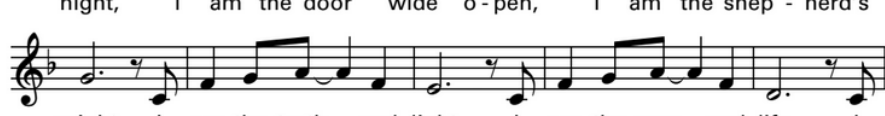
Refrain 1




I am the Bread of Life, I am the hope in



night, I am the door wide o-pen, I am the shep - herd's



might, I am the truth and light, I am the way and life, I



Am Who Am and I am for you: Come and fol - low me.

Refrain 2



I am bread for the world, hope for the hope - less.



Come to me, and know that I'll al - ways be there



with my arms o - pen wide. I



Am Who Am and I am for you: Come and fol - low me.

### Bridge

I give my heart to those in sorrow, I come to those who are in need;  
hope for today and for tomorrow, light for all who want to see.

### Moment of Silence

*Take a moment to be still and know God. Let the world's noise fade as you listen for the deep stillness beneath it all. The silence begins and ends with the ringing of a bell.*

## Prayer after Communion

Presider Gracious God,  
All **in this holy meal you have fed us with the bread of life  
and strengthened us to follow your call.  
As you sent Peter and Paul to proclaim the gospel,  
send us now with hearts made bold  
to love, to serve, and to speak your truth.  
We ask this through Christ our Lord. Amen.**

Presider Glory to God,  
All **whose power, working in us,  
can do infinitely more than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus  
for ever and ever. Amen.**

## Announcements

## Blessing

Presider May the God who called Peter and Paul,  
through fire and failure, through prison and praise,  
also call you — and give you grace to follow.  
And may the blessing of the God who is Creator,  
Christ, and Holy Spirit  
be with you and remain with you always. **Amen.**

## Closing Hymn - *Take Up His Song (MV 213)*

1. Take up His song of peace and go into the world.  
Take up his song of peace in every moment.  
In every moment of the journey,  
we're laying down our lives;  
lay them down, in peace,  
lay them down, and take up his song.
2. Take up His song of hope and go into the world.  
Take up his song of hope in every moment.  
In every moment of the journey,  
we're laying down our lives;  
lay them down, in hope,  
lay them down, and take up his song.
3. Take up His song of faith and go into the world.  
Take up his song of faith in every moment.  
In every moment of the journey,  
we're laying down our lives;  
lay them down, in faith,  
lay them down, and take up his song.
4. Take up His song of love and go into the world.  
Take up his song of love in every moment.  
In every moment of the journey,  
we're laying down our lives;  
lay them down, in love,  
lay them down, and take up his song.

Words and music: Laura A Herman. Copyright 2005

Minister Go into the world in peace,  
called like Peter, sent like Paul —  
and loved beyond measure.

**All Thanks be to God. Alleluia!**

The flowers on the altar are given by  
Bernie and Dorothy Poitras  
in celebration of their  
57th Wedding Anniversary



## Acknowledgements

Cover = Icon of St Peter & St Paul, source unknown.

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Rector: The Reverend Philip Cochrane  
Deacon: The Reverend Patricia Ratcliffe  
Honorary: The Reverend Carla McGhie  
Music Director: Emilia Boronco  
Wardens: Lei De Santis, Rick Barr, Heather Esposito  
Trustees: Mitch Dodd, Brian Corbould, Detlef Beck,  
Anne Dennis, Susanne Stockdill  
Family & Youth Leader: Jason Wood  
St. Laurence Kids: Jason Wood  
Treasurer: Larry Hoad  
Envelope Secretary: Larry Hoad  
Privacy Officer: Allison Walker  
Operations Manager: Curt Bruniski

*Office Hours:*  
10:00am-3:00pm (drop-in)  
Monday - Friday

[www.saintlaurence.ca](http://www.saintlaurence.ca) ▪ 604-936-5423 ▪  
[office@saintlaurence.ca](mailto:office@saintlaurence.ca)

## NEWS & NOTES

### Wednesday Morning Service - 9:00 am

This service is a Bible Study and Communion all rolled into one. A great way to begin your day!



### Young Adult Walk & Talk TODAY - Sunday, June 29 Golden Ears

*(Focus - Age 16-25)*

Young adults ages 16-25 are invited to join for a short hike at Golden Ears Provincial Park and bonfire at the beach TODAY

We'll start our hike at 2pm, exploring the trail, and end with a campfire with hot dogs, s'mores, chips, and a veggie tray—cooked on the fire. Bring comfortable hiking shoes and a water bottle!

See Jason Wood after service if you would still like to participate and haven't signed up already.



Alongside Hope

### Donor to match gifts to Resilience Fund up to a quarter million dollars

In the wake of massive cuts to international development assistance by the U.S. Government and some European governments, Alongside Hope partners are reporting that progress is being undone, programs are being forced to shut down, and families and communities are living in uncertainty about their futures. To maintain as many vital programs as possible, Alongside Hope is launching an urgent appeal to donors, the Resilience Fund. **Thanks to an extremely generous donor, all gifts made to the Resilience Fund by June 30, 2025 will be matched, up to \$250,000.** You can donate at Alongside Hope or the church office

# Road Trip VBS 2025

This summer, it's time for a road trip! Every morning from August 11-15, kids ages 4-11 are invited to join the communities of St. Laurence Anglican and Good Shepherd Lutheran for a thrilling road trip adventure, exploring exciting destinations with the Navigator and their pup, Scout!



Through engaging Bible stories, interactive games, and fun challenges, we'll discover that God is always with us - whether we're off course, joyful, alone... or anywhere!

You can register your kids for Road Trip VBS at: <https://tinyurl.com/RoadTrip25VBS>

Have any friends or families you know that might be interested? Feel free to invite them, and join us for the journey of a lifetime!

## Help wanted!

Every Vacation Bible School relies on a strong team of volunteers! We're looking for people who can help in any of these areas:

- small group leaders, guiding a group of kids through the week
- station leaders, for any of our games, drama, craft, or science stations
- decorating and craft prep before the event
- snack preparation + kitchen help
- registration desk

All on-site volunteers will be required to complete a safe church training and to have a current police record check.

Whether it's one day or the whole week, you can help make this year's VBS an incredible time for our kids to experience the love of God, learn about the Bible, and grow in their faith. Contact Jason at [stlyouthandfam@gmail.com](mailto:stlyouthandfam@gmail.com) if you're interested!

# Food Bank



Please **remember the foodbank**. Shelves are low and donations are needed now, more than ever.

**Most recent needs are:**

Canned fruits and vegetables

Canned fish and meats

Tomato paste

Diced tomatoes

Tomato sauce

Rice

Cooking oil

Juice (No sugar added)

Granola bars

Food donations can be **dropped off at the church** Monday to Thursday, 10AM to 3PM and Sunday mornings.

**Cash donations** can be done by:

**cheque** payable to the church (write Share Food Bank in the memo)

**e-transfer** to [office@saintlaurence.ca](mailto:office@saintlaurence.ca) (write Share Food Bank in the message box)

**online** by visiting the SHARE Virtual Grocery Store.

## **Apostle**

An enemy whom God has made a friend,  
A righteous man discounting righteousness,  
Last to believe and first for God to send,  
He found the fountain in the wilderness.  
Thrown to the ground and raised at the same  
moment,  
A prisoner who set his captors free,  
A naked man with love his only garment,  
A blinded man who helped the world to see,  
A Jew who had been perfect in the law,  
Blesses the flesh of every other race  
And helps them see what the apostles saw;  
The glory of the lord in Jesus' face.  
Strong in his weakness, joyful in his pains,  
And bound by love, he freed us from our chains.

'Apostle' on St Paul by Malcolm Guite is found in his collection  
'Sounding the Seasons; seventy sonnets for the Christian Year.'  
(Canterbury Press)